

# Frequently Asked Questions – miraDry

**Q: Don't I need sweat glands?**

**A:** While your body does need sweat glands to cool itself, your body has 2-4 million sweat glands-only about 2% are found in your underarms. Eliminating this 2% of sweat glands does not affect your body's ability to cool itself. With miraDry, you will experience the many benefits of reducing sweat in the underarm area, but you will continue to sweat in other areas of your body.

**Q: How does it work?**

**A:** miraDry uses thermal energy to create heat in the area where bothersome sweat, odor, and hair glands reside and safely eliminates them.

**Q: What results can I expect?**

**A:** You can expect immediate and lasting results. One the miraDry treatment eliminates the sweat, odor, and hair glands, they're gone for good. The treatment is clinically proven to have an average of 82% sweat reduction. As with any aesthetic treatment results, patient results and experience may vary.

**Q: How many treatments will I need?**

**A:** You can see results in as little as one treatment. However, as with any aesthetic treatment, your physician will determine the best protocol for your desired results.

**Q: How long does it take?**

**A:** An office visit appointment will generally last about 3 hours.

**Q: Is there any pain or downtime?**

**A:** Local anesthesia is administered to the underarms prior to the treatment for patient comfort. Most patients describe the procedure as painless with little to no downtime. Exercise is typically resumed within several days. You may experience swelling, numbness, bruising, and sensitivity in the underarm area for several days post-treatment.

**Q: Are there any side effects?**

**A:** Some localized soreness or swelling will occur, and typically clears within a few weeks. Some patients have short-term altered sensation in the skin of their underarms or upper arms, which gradually disappears.

**Q: How much does it cost?**

**A:** Pricing can vary depending on the treatment protocol to achieve your desired results and will be discussed during your consultation.

**Q: Do I need medication during the procedure?**

**A:** We offer optional medication if desired both orally and the use of Pro-Nox. Your healthcare provider can customize for your plan of care.

**Q: Who is the miraDry treatment for?**

**A:** miraDry is for many who are bothered by underarm sweat and/or has been diagnosed with axillary hyperhidrosis (excessive sweating in the underarms).

**Q: Is miraDry covered by insurance**

**A:** miraDry typically is not covered by insurance, but it is the first and only treatment FDA-cleared to permanently reduce underarm sweat in as little as one appointment. However, you may be able to use your HAS/FSA funds toward miraDry. Please contact your HAS/FSA manager to find out.

**Q: Is it safe?**

**A:** Yes, miraDry has been used in over 140,000 treatments worldwide with an excellent safety record. It's also been cleared by the FDA to dramatically reduce underarm sweat in as little as one appointment