

**What is Vascular Duplex Ultrasound?**

An ultrasound machine used soundwaves to “see” inside the body. A venous reflux ultrasound is a safe and non-invasive test to access for the presence of vein disease such as chronic venous insufficiency (reflux) and deep vein thrombosis (DVT)

**Is there any preparation needed before the exam?**

- No caffeine 4 hours prior to the appointment
- Drink 32oz of water the day of the appointment
- Eat normal meals
- Don't withhold medications

**How long does the venous reflux ultrasound appointment take?**

Expect To be with us for 2 hours

**What should I wear to my appointment?**

Wear comfortable clothing. Some patients opt to bring their own loose-fitting shorts for the exam. You will be asked to remove some items of clothing, such as pants/skirt, socks, and shoes.

**Are there likely to be delays with my appointment?**

Every effort is made to keep your appointment time, the special needs of more complex cases, elderly and frail patients can cause unexpected delays. Your consideration and patience in this circumstance is appreciated.